



# WHITE TIGER TAEKWONDO

CLASS SCHEDULE

**BEGIN MAY 20th, 2019**

## LITTLE TIGER'S CLASSES (Age 4 to 6)

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Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
LT White - Green	6:10-6:40		4:00-4:30	6:00-6:30	4:00-4:30	10:10-10:40
LT Green - Red	6:40-7:10		4:00-4:30	6:30-7:00	4:00-4:30	10:10-10:40

## KID'S CLASSES (Age 7 to 12)

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
White	5:30-6:10		4:30-5:10	5:20-6:00	4:30-5:10	10:40-11:20
Yellow		5:20-6:00	6:30-7:10	4:00-4:40		10:40-11:20
Green		4:00-4:40	5:10-5:50	4:40-5:20		11:20-12:00
Blue		4:40-5:20	5:50-6:30		5:10-5:50	12:00-12:40
Red	4:00-4:40	6:00-6:40		7:00-7:40		12:00-12:40
Deputy	4:00-4:40	7:20-8:00				
Black	4:40-5:30	8:00-8:50	7:10-8:00	7:40-8:30		9:20-10:10

## FAMILY CLASSES (KIDS & ADULT)

Belt	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
LOW FAMILY (White - H.Green)	7:10-7:50				5:50-6:30	
HIGH FAMILY (Blue - Deputy)	7:50-8:30				6:30-7:10	

## ADULT CLASSES (Age 13+)

Class Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday (AM)
Evening		8:00-8:50	8:00-8:50	7:40-8:30		9:20-10:10
Black	4:40-5:30	8:00-8:50	7:10-8:00	7:40-8:30		9:20-10:10

## WHITE TIGER SPECIAL CLASSES

Class Type	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Demo Team					8:00-8:50	12:40-1:40
Leadership Team		6:40-7:20			7:10-8:00	



- Students should arrive at least 10 minutes before class, immediately change into uniform and stretch quietly while waiting for class to begin.
- Students should notify the school if they will be missing a week or more of classes. They can make up classes when they return.
- Little Tigers should attend Little Tiger classes only.
- No regular classes are held on testing days.
- Please let us know if your schedule conflicts with the class schedule.
- Class schedule is subject to change.

## FRISCO WHITE TIGER TAEKWONDO

(469) 252 - 1833